

# Meet My Loved One

A Tool to Help Bedside Care Team Deliver Person-Centered Compassionate Care during COVID-19

*Dear Caregivers and Families,*

*We understand the COVID-19 Visitor Restriction has been implemented in our hospital to protect you and your loved ones from potential exposure. We wanted to assure you that we strive to provide the best care to your loved one during his/her hospital stay. We know you know your loved one the best and wanted to partner with you to provide person-centered, supportive, compassionate care for him/her as if you were at the bedside. Please use this tool to provide information you want us to know about your loved one as a person and his/her care needs.*

*Thank you,  
UAB Palliative & Comfort Care Team*

# Meet My Loved One

Hi Team! My name is \_\_\_\_\_. Please meet my \_\_\_\_\_  
(relationship with patient)

▶ Her/His/Their preferred name is \_\_\_\_\_

▶ She/He/They enjoys \_\_\_\_\_  
(hobbies, activities, special interests)

▶ Her/His/Their favorite things are \_\_\_\_\_  
(food, drinks, music, conversation topics)

Other important aspects I want you to know about my loved one

\_\_\_\_\_

Tips to Care for Her/Him/Them from a family caregiver's standpoint:

▶ 1.

▶ 2.

▶ 3.

☐ I'd like to be contacted via phone. Please call me at \_\_\_\_ - \_\_\_\_ - \_\_\_\_