



VA: VGH / UBCH / GFS
 VC: BP / Purdy / GPC

ORDERS

ADDRESSOGRAPH

COMPLETE OR REVIEW ALLERGY STATUS PRIOR TO WRITING ORDERS

PALLIATIVE CARE COMFORT CARE ORDERS FOR COVID-19

(items with check boxes must be selected to be ordered)

(Page 1 of 1)

Date: _____ Time: _____

These orders are intended for patients who are:

- 1) DNR M1, M2 or M3 AND whose prognosis is days to weeks *AND*
- 2) COVID-19 positive or presumed COVID-19 positive *AND*
- 3) There is no plan to escalate oxygenation therapy or refer to critical care

Time
 Processed
 RN/LPN
 Initials
 Comments

Continue all previous orders (review if all medications and ordered investigations are still required). Discontinue vitals
 Nurse may pronounce death.

CODE STATUS: Review/revise MOST form

Patient/Family/Substitute Decision Maker (SDM) informed that terminal care orders are in place

TREATMENTS:

Oxygen via nasal prongs/mask to 6 L PRN for comfort (recommended)

OR Continue on current oxygen therapy

MEDICATIONS:

Pain/Dyspnea: CHOOSE ONE COLUMN

Opioid Status	No Acute Respiratory Decompensation	Rapid Respiratory Decompensation with NO Reversibility (ie. ARDS)
Opioid Naïve Patients	<input type="checkbox"/> HYDROmorphone 0.25 to 0.5 mg SUBCUT Q15MIN PRN pain or dyspnea	<input type="checkbox"/> HYDROmorphone 1 mg SUBCUT Q4H *AND* HYDROmorphone 0.5 to 1 mg SUBCUT Q15MIN PRN pain or dyspnea
Opioid Tolerant Patients	Consider calling Palliative Care for Advice <input type="checkbox"/> HYDROmorphone _____ mg SUBCUT Q4H regular *AND* <input type="checkbox"/> HYDROmorphone _____ mg SUBCUT Q15MIN PRN pain or dyspnea	

Agitation/dyspnea (administer in addition to HYDROmorphone if dyspnea continues)

methotrimeprazine 5 to 10 mg *OR* _____ mg SUBCUT Q15MIN PRN for

restlessness/dyspnea LORazepam 1 to 2 mg sublingual or SUBCUT Q15MIN PRN

for anxiety/dyspnea

Airway secretions: glycopyrrolate 0.4 mg SUBCUT initial dose; then 0.2 to 0.4 mg SUBCUT Q1H PRN; max daily dose is 1.8 mg/day

(administer first-line over scopolamine as less sedating compared to scopolamine)

scopolamine 0.8 mg SUBCUT initial dose; then 0.4 to 0.6 mg SUBCUT Q1H PRN (administer second-line if glycopyrrolate ineffective)

For REFRACTORY respiratory distress or agitation, continue HYDROmorphone (regular and PRN), methotrimeprazine and LORazepam as adjuvants for restlessness/dyspnea, and add: midazolam 2.5 to 5 mg SUBCUT STAT and repeat Q15MIN PRN

Prescriber's Signature
PCCC

Printed Name
VCH.VA.PPO.1122 | APR.2020

College ID

EDUCATIONAL PURPOSES ONLY